

TOPS IN ACADEMICS
TOPS IN SPORTS



The Avadh School
(INDIA)



THE TAS TIMES

The Official Newsletter of The Avadh School

JANUARY 2021, ISSUE 10

“ WHAT’S YOUR NEW YEAR RESOLUTION ? ”

Dear Parents,

Happy New Year 2021 ! We are humans with good and bad bundled together. Washing away unwanted habits and cultivating positive new habits and disciplines as a part of life is necessary. Setting New Year Resolutions for ourselves is a good move to renew ourselves year after year. These resolutions hold greater symbolic significance also as they come just as the calendar turns.

What makes a perfect New Year Resolution? An idea that shapes and reflects you in a better way, can be considered a New Year Resolution.

As students, we should refine our thoughts, cultivate good habits and enhance our personality every year. It is widely believed that a New Year is a chance to get rid of some old habits and bring positive and productive changes in our day to day lives.

People from all walks of life set targets and make resolutions so that they lead happy, content, peaceful and prosperous lives. Resolutions are often made to do away with bad and useless activities. All activities that lead us to fitter our time unproductively while yielding nothing of value are erased and replaced by new activities that have a purpose and lead to productive changes. It is very hard to avoid rampant activities that destroy our lives.

A good student is always known by his behaviour and character. He/she will be respectful to his/her parents, teachers and elders because respecting and obeying elders is counted as good manners.

Good manners make our personality, thus, making such changes which imbibe us with good manners enhance our personality. A resolution to inculcate such manners will help us eliminate bad habits and adopt good habits and make our future bright and pave the way for success at every junction of life.

My dear students every New Year reminds us that time is not static, time passes silently, it never stops. Time and tide wait for none. So dear students wake up from the sound slumber of procrastination and carelessness. You are the architect of the Nation and you are the future of the world. This New Year I insist that each and every one of you to give to yourself some New Year Resolutions and then promise to achieve them. May you, at the end of the year, be a better person than what you started the year as. It's very necessary for students to set New Year Resolutions because these are nothing but ways to improve and enhance oneself.

To make these resolutions worthwhile, I would suggest setting realistic, attainable, specific and achievable goals. Thus, set yourself, goals that are smart, structured and measurable.

Vijai Singh Yadav

Chairman,
The Avadh School



TAS UPDATES

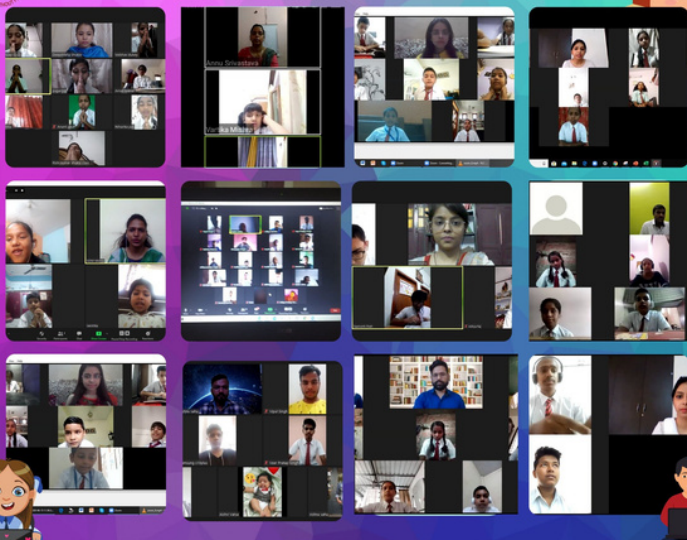
15 December to 15 January

HIGHLIGHTS OF THE YEAR 2020 - THE LOCKDOWN SPECIAL

The Year 2020 was heavily defined by the COVID-19 Pandemic, which led to global, social and economic disruptions, mass cancellations and postponements of events, worldwide lockdowns, shutting down of all the schools and much more. As the old year is gone and the New Year has begun, we need to start with a clean slate and set ourselves new goals. It's time to reflect on the things that are important to us and the things we wish to achieve. Let this year inspire and encourage us to be better humans. This year brings to us renewed opportunity to better ourselves, better the surroundings that we live in and help the not so lucky ones. We will be more experienced and wiser this year to be in a position to help the needy and the less fortunate. As the old saying goes, "What doesn't kill you, makes you stronger", so be thankful for all the blessings and love of God which has helped you to survive these really tough times and emerge a stronger person. Here's a glimpse of 2020, which shows that inspite of all the barriers and limitations due to the Pandemic, our students under the guidance of the teachers have managed to actively participate in the Extra Curricular activities.



VIRTUAL CLASSES



VIRTUAL CLASSES



PARENT TEACHER MEETING

Parent Teacher Meeting

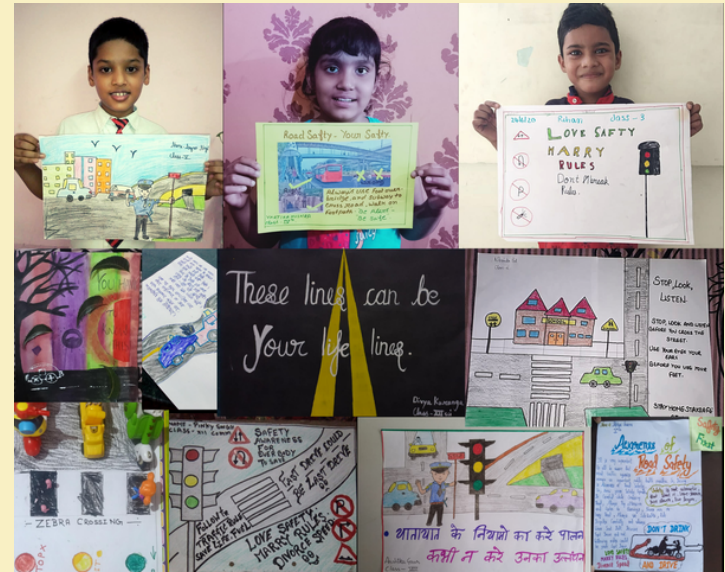


TAS UPDATES

HIGHLIGHTS OF THE YEAR 2020 - THE LOCKDOWN SPECIAL



FATHER'S DAY



ROAD SAFETY



DIWALI



INDEPENDENCE DAY



JANMASHTAMI



TEACHER'S DAY

TAS THIS MONTH

FIRST AID – ACT AT ONCE – DELAY IS SERIOUS

Dear All,

First aid is the emergency care given immediately to an injured person. It is the first and immediate assistance given to the person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery.

The National Disaster Management Authority in collaboration with Red Cross Society (IRCS) has developed a [First Aid Mobile App](#) – First Aid for Teachers and Students (FAST). The app has been uploaded both in [Google Play Store](#) and [Apple Store](#). This First Aid Mobile App will help in imparting first aid training to teachers and school children, so as to ensure that any emergency situation in school premises is swiftly dealt with.

The link to access the FAST app on Google Play Store (Android) is -<https://play.google.com/store/apps/details?id=com.vcaretechnologies.firstaid.fast> and link of FAST App on Apple Store (iOS) is <https://apps.apple.com/us/app/id1533814953>

We should always carry First Aid Kit with us. Common items found in a First Aid kit are:

- Bandages, roller bandages, and tape
- Sterile gauze
- Antiseptic wipes and swabs
- Absorbent compresses
- Antibiotic cream
- Burn ointment
- Mask for breathing (rescue breathing/CPR)
- Chemical cold pack
- Eyeshield and eyewash
- First aid reference guide that includes local phone number

“ Take some time to learn First Aid.
It saves lives and it works.”

Twinkle Yadav

Director
The Avadh School



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